

WINTER/ SPRING 2019 COURSES

HIGHLAND COMMUNITY EDUCATION



The mission of Highland Community Education is to provide lifelong learning opportunities and personal enrichment, addressing the unique interests of individuals and meeting community needs.

AFTER-SCHOOL ENRICHMENT (GRADES K-5)

ENGINEERING CLUB BY CLASSROOM ANTICS (GRADES K-5)

Module 4: Crazy Chemicals

Learn about different properties of chemicals, like density, acidity and surface tension. This class will teach the science behind lava lamps, slime, tie-dye and much more. We will also design soap-powered boats and crystallized creations. Lastly, no chemical engineering club would be complete without a vinegar/ baking soda explosion. Please visit the website to see if your child has an allergy to any of the listed materials prior to registering.

- **Hinckley: Wednesdays, January 23, 30, February 6, 13**
- **Sharon: Tuesdays, January 22, 29, February 5, 12**

Module 5: Planes, Trains & Auto Engineers

Learn all about the different ways people get from one place to another, over land, in water or through the skies. We will study boats and make our own water-crafts and design a survival raft. We will learn about cars and city planning by outlining cities and modeling environmentally-friendly cars. And, we take to the skies and learn about planes.

- **Hinckley: Wednesdays, February 27, March 6, 13, 20**
- **Sharon: Tuesdays, February 26, March 5, 12, 19**

Module 6: Gold Medal Engineers

Learn about the work sports engineers do to both protect athletes and improve their performance at all levels of competition. We will study muscles and how they enable us to do cheer-leading flips and kick soccer balls. We will also experiment and design with different padding like scientists have done in order to create safer football helmets.

- **Hinckley: Wednesdays, April 10, 17, 24, May 1**
- **Sharon: Tuesdays, April 9, 16, 23, 30**

All Classes: 3:30-5 p.m.
Registration: \$85 Per Module

REGISTER ONLINE AT:
CLASSROOMANTICS.COM

MAD SCIENCE ~ STEMulating SCIENCE WINTER SESSION (GRADES K-5)

Mad Science of Northeast Ohio is celebrating 20 years of getting kids excited about science! Discover the wonderful world of animals, above and below water! Feel the force of energy and the might of motion in two exciting physics explorations. Explore sources of power and mix up some cool concoctions that will be sure to spark your child's inner scientist! Class topics include:

- **All About Animals** – Explore the Earth's abundant animal kingdom.
- **Energy Burst** – Explore the energy of motion and how it can be conserved
- **Life in the Sea** – Learn what life is like under the ocean's surface.
- **Mix It Up** – Solutions, suspensions and so much more!
- **Moving Motion** – Perform experiments to learn more about friction, inertia and other forces that affect the way things move.
- **Super Power Sources** – Go on a quest for alternative energy sources and become a power hunter to pinpoint renewable and nonrenewable resources.

- **Granger: Wednesdays, February 6, 13, 20, 27, March 6, 13**
- **Hinckley: Tuesdays, February 5, 12, 19, 26, March 5, 12**
- **Sharon: Thursdays, February 7, 14, 21, 28, March 7, 14**

All Classes: 3:30-4:30 p.m.
Registration: \$107

Students not picked up will be sent to Latchkey for an additional charge. Please specify WINTER session when registering.

HUMMINGBIRDS SOCCER (AGES 3-6)

Children ages 3 through 6 years old have fun learning the basics of soccer. Each session consists of instruction in all aspects of the game, participation in fun drills that are designed to teach fundamental skills to young children, and low-key, non-competitive games. All coaching will be conducted by Jump Start Sports staff.

Register online at www.jumpstartsports.com.
Location: Granger Elementary School Field.
Registration: \$80

- Mondays, April 8, 15, 22, 29, May 6, 13
- **Ages 3 & 4: 5:30-6:30 p.m.**
 - **Ages 5 & 6: 6:30-7:30 p.m.**

NEW! WORLD OF DESIGN BY CRAYOLA® IMAGINE ARTS ACADEMY™ (GRADES K-5)

Experiment with Crayola® products and many art techniques like sculpting, storyboarding, collage, and mixed media. Discover design careers like graphic design, universal design, urban design, and product design. Class topics include:

- **Game On!** – Board Game Design
- **Wild Animation** – Animation Design
- **Futureville** – Urban Design
- **Picture Perfect** – Movie Poster Design
- **Universal Treehouse** – Designing with universal accessibility in mind
- **Comic Book Heroes** – Costume Fashion Design

- **Granger: Mondays, February 4, 11, 25, March 4, 11, 18**
- **Hinckley: Mondays, February 4, 11, 25, March 4, 11, 18**
- **Sharon: Thursdays, February 5, 12, 19, 26, March 5, 12**

All Classes: 3:30-4:30 p.m.
Registration: \$107

Students not picked up will be sent to Latchkey for an additional charge.

NEW! LIVE, LOVE & CREATE CRAFT CLUB (GRADES 3-5)

This new Live, Love & Create Craft Club meets only once a month after school. Students will have fun creating a useful personalized project such as a Goal Chart, Countdown Calendar, Mother's Day gift or Father's Day gift. Students can enroll in one class or receive a multi-class discount with online registration. For more info, contact Erin Johnson: Erin@LiveLoveandCreate.com.

- **Granger: Mondays (one Tuesday), January 29, February 25, March 18, April 15, May 20**
- **Hinckley: Mondays, January 14, February 11, March 11, April 8, May 13**
- **Sharon: Mondays, January 7, February 4, March 4, April 1, May 6**

All Classes: 3:30-4:30 p.m.
Registration: \$29 per class

AFTER-SCHOOL ENRICHMENT CLASSES (GRADES K-5)

MAD SCIENCE ~ FROM MAGIC & MOVIES TO ENERGY & ELECTRONS / SPRING SESSION

Ever wonder how movie effects are made? Or the science behind a magician's tricks? Find out the answers to both, plus explore static and electrical energy! Last, learn how your nose helps you taste and explore the chemistry of your food! Class topics include:

- **Current Events** – Explore the world of circuits and electricity.
- **Kitchen Chemistry** – Is it a carbohydrate or a protein? Find out what's inside the foods you eat.
- **Movie Effects** – Learn secrets of how special effects in movies are created!
- **Science of Magic** – Unlock the secrets of the science behind magic tricks just like Houdini!
- **Tantalizing Taste** – Develop a taste for science in this flavorful class.
- **Watts Up?** – Explore static electricity with our Van de Graff generator.

- **Granger: Wednesdays, April 3, 10, 17, 24, May 1, 8**
- **Hinckley: Tuesdays, April 2, 9, 16, 23, 30, May 7**
- **Sharon: Thursdays, April 4, 11, 18, 25, May 2, 9**

All Classes: 3:30-4:30 p.m.

Registration: \$107

Students not picked up will be sent to Latchkey for an additional charge. Please specify SPRING session when registering.

YOUNG REMBRANDT'S ART

We teach drawing, the fundamental skill of all visual arts. During our once-a-week classes, we teach skills that will help them grow, develop and excel while your child creates memories that will last a lifetime. Your child will enjoy ALL NEW LESSONS each week! Our curriculum is designed to teach basic to advanced drawing skills, art techniques and vocabulary. We give them skills to express their creativity, and believe that all children can – and should – learn to draw. We provide all materials. You'll see increased art abilities, learning skills, self-confidence and self-esteem. Every session is new – Repeat enrollment is encouraged!

Winter Session:

- **Granger: Tuesdays, January 22, 29, February 5, 12, 19, 26, March 5, 12**
- **Hinckley: Thursdays, January 17, 24, 31, February 7, 14, 21, 28, March 14**
- **Sharon: Wednesdays, January 23, 30, February 6, 13, 20, 27, March 6, 13**

Spring Session:

- **Granger: Tuesdays, April 2, 9, 16, 23, 20, May 7, 14, 21**
- **Hinckley: Thursdays, April 4, 11, 18, 25, May 2, 9, 16, 23**
- **Sharon: Wednesdays, April 3, 10, 17, 24, May 1, 8, 15, 22**

Registration: \$93

All Classes: 3:30-4:30 p.m.

Students not picked up will be sent to Latchkey for an additional charge. Please specify WINTER or SPRING session when registering.

SATURDAY ENRICHMENT CLASSES AT HIGHLAND HIGH SCHOOL

PRINCESS PARTY: GOOD MANNERS (AGES 5-8)

Wear your favorite Princess Party Attire! Learn how to become a Princess by using your magic words, by knowing your dining manners and how to properly introduce others. Enjoy a Princess craft and music! **Registration: \$25**
Saturday, April 13, 10-11 a.m.

SUPERHERO PARTY: GOOD MANNERS (AGES 5-8)

Wear your favorite Superhero attire! Learn how to be a Superhero by using your magic words, by knowing your dining manners and how to give proper introductions. Enjoy a Superhero craft and music! **Registration: \$25**
Saturday, April 13, 11 a.m. to 12 p.m.

CHILDREN'S DINING ETIQUETTE & MANNERS (AGES 8-15)

This exciting class will be held at Santosuosso's Restaurant where you will be served a delicious 3-course dinner. Make all of your relatives proud of the dining etiquette and manners that you will learn, such as how to set a table from start to finish, including American style of dining, continental style of dining, posture, proper introductions and so more. All will receive an Etiquette Factory Placemat. **Registration: \$45**
Saturday, March 16, 3-5 p.m.

BABYSITTING (GRADES 5-8)

Join us for this amazing class where you will learn about safety for yourself and the children you care for, child development, simple first aid, and baby care for infants and children. Upon completion, you will receive a certificate of attendance. Students asked to bring sack lunch and drink. Minimum 10 students / Maximum 15. **Book fee: \$8 payable to instructor.**
Registration: \$53
(OPTIONAL) First Aid Certificate Card available for \$20. Card is sent electronically to student upon completion of the class. Payment made directly to instructor on the day of class.
Saturday, April 13, 9 a.m. to 3 p.m.

MMA FITNESS BOOT CAMP (GRADES K-8)

MMA FunFitness Boot Camp improves concentration, coordination, confidence, discipline, grades, power, speed, and mental toughness. This camp has no belt fees, no initiation fees, and no testing fees and allows children to reach their own potential rather than directly compete against others. This is a dynamic approach to self-defense for children who are athletic, energetic, awkward or shy, bold, nice or maybe even a little wild once in awhile. It teaches them to think instead of panic in serious situations, as well as how to react to threats from others. Parents welcome to observe.

Saturdays, February 9, 16, 23, March 2, 9

- **Grades K-2: 9:30-10:15 a.m. / Cost: \$40**
- **Grades 3-5: 10:15-11:15 a.m. / Cost: \$45**
- **Grades 6+: 11:15 a.m. to Noon / Cost: \$50**

NEW! LITTLE HOOPS STARS (AGES 4 TO K)

Coaches from Jump Start Sports will run this instructional and recreational basketball program for children in preschool (must be 4 years of age to participate) and kindergarten. Players are taught the basics of dribbling, passing, shooting, positioning, defense and rebounding in a fun-oriented program. Then they apply what they've learned in a low competitive game. All players receive a team shirt and a participation medal.
Registration: \$50 / Saturdays, 10-11 a.m.
February 23, March 2, 9, 16

NEW! HOOPS STARS (GRADES 1-2)

Jump Start Sports Coaches will run this instructional basketball program for children in grades 1-2 and teach the basics of dribbling, passing, shooting, positioning, defense and rebounding in a fun-oriented program. Players will apply what they've learned in a low competitive game. All receive a team shirt and a participation medal. **Registration: \$50**
Saturdays, 11 a.m.-12 p.m.
February 23, March 2, 9, 16

FUN-DAMENTALS OF COOKING (GRADES 3-8)

Learn cooking basics to prepare hearty, healthy foods. Students are asked to wear a hat or bandanna, bring an apron and three-ring binder to class. Limit 8 students. **Lab fee: \$40 payable to instructor / Registration: \$89**
Saturdays, 9 a.m. to 12 p.m.
February 9, 16, 23, March 2, 9

NEW! THE MONEY GAME (AGES 10+)

Financial Literacy for Students! The Money Game®, provides an opportunity for participants to learn how to make, manage and multiply their money wisely so they can grow up financially free. Children are the game's pieces, and expense bags are the props that are used for players to pay expenses from their \$1,000 paychecks as they go around the board (aka, life). Students will learn to be financially secure and manage a household. They learn to make a car payment, pay for food, pay utilities and insurance, and learn about taxes. Then, they learn about financial requirements for life events – such as a car accident – all before they have passive dollars to spend or invest. During this 2-hour program, students go through up to 12 rounds, each one representing a month. **Registration: \$49**
Saturday, 10 a.m. to 12 p.m. / March 16

Highland Community Education
c/o Highland High School
4150 Ridge Road
Medina, OH 44256
330.239.1901, ext. 5503
www.highlandschools.org

ADULT EVENING CLASSES AT HIGHLAND HIGH SCHOOL

HYPNOSIS SMOKING CESSATION SEMINAR

Hypnosis is not sleep ~ it's a heightened state of awareness. Anyone of average intelligence or higher can be hypnotized if they choose. Hypnosis is a valuable tool to help someone overcome fears, eliminate bad habits and reach their goals to be a happy and healthy person. Smoking cessation is easy and relaxing. With hypnosis you will no longer desire to smoke or light up a cigarette ever again. You will not gain weight or feel nervous. The AMA has endorsed this hypnosis since 1955. All students will receive a reinforcement CD to take home.

Registration: \$49

Tuesday, February 19, 7-9 p.m.

HYPNOSIS WEIGHT CONTROL SEMINAR

Hypnosis is a valuable tool to help someone overcome fears, eliminate bad habits and reach their goals to be a happy and healthy person. Weight Control hypnosis is easy and relaxing. You will be in a light state of trance in order to get your subconscious and conscious minds to agree on your goal to control your weight. This is not a diet but a way to eat nutritionally to achieve your goals to be slim and trim. All students will receive a reinforcement CD to take home. **Registration: \$49**

Tuesday, February 12, 7-9 p.m.

ADULT SATURDAY CLASSES AT HIGHLAND HIGH SCHOOL

BEGINNING GUITAR

Designed for the absolute beginner, or for those who have some experience with the guitar but would like to discover the secrets behind playing more smoothly. You will be introduced to techniques that have allowed so many musicians to play at their very best. Bring a guitar.

Registration: \$57

Saturdays, 10-11:30 a.m.

February 2, 9, 16, 23, March 2

ADULT INTERMEDIATE GUITAR

Simply put, this class will take your playing to the next level. Instructor will provide techniques that elude most of us, but once explained in a simple, easy-to-understand manner, you won't be able to wipe the smile from your face.

Registration: \$58

Saturdays, 10-11:30 a.m.

March 9, 16, 23, April 6, 13

TOXIC AWARENESS - LEARN HOW TO 'GO GREEN' AFFORDABLY

Join Joy Wright, a Toxicologist Educator, to learn how to change your environment and reduce exposure to potentially toxic chemicals in your home. Discover what you can change to stay healthy personally, physically and environmentally!

Registration: \$15

Saturday, 9-10:30 a.m. / March 9

BEEKEEPING 101

This class will teach you beekeeping essentials for the first year. A complete beehive will be brought in to utilize as a demonstration tool to allow the prospective beekeeper to visualize the equipment involved. The use of beekeeping tools for hive inspections will be demonstrated. Learn about roles of the worker bees, the queen and the drone. Find out where propolis, flower pollen, honey and royal jelly come from and the medicinal benefits we can reap from the honey-bee bi-products. Also learn about diseases that afflict the honeybees. Visit gaughanbeedancin.com for a complete list of events and products. Participants will receive the book "First Lessons in Beekeeping" and a syllabus.

Registration: \$79

Tuesdays, 7-9 p.m.

January 29, February 5, 12, 19, 26

RETIREMENT PLANNING TODAY

Many people view retirement as a new and fulfilling chapter of their life. The two-session course blends retirement education with life planning to help build wealth, align your money with your values and achieve retirement lifestyle goals. The course covers retirement lifestyle planning, income planning, strategies to manage investment risks, how to invest in and take money out of your company's retirement plan, risk protection, using tax laws to your advantage, how to determine the savings you will need to retire, and so much more. This course provides all materials, including a 235-page illustrated textbook. Fee also includes your spouse/guest.

Class sizes are limited! **Registration: \$49**

Class time: 6:30-9:30 p.m.

Wednesday, January 23 and 30

OR

Tuesday, January 29 and February 5

Please indicate class choice of Wednesday or Tuesday when registering.

NEW! CYBER SECURITY SEMINAR

We regularly hear about data breaches in the news, but what does that actually mean for us as consumers and private citizens? In this class, we will discuss cyber security, what it means, why it matters and steps you can take to keep your information safe online. **Registration: \$35**

Thursday, February 7, 6:30-8:30 p.m.

OR

Thursday, March 21, 6:30-8:30 p.m.

Please specify class date when registering.

BASIC THERAPEUTIC MASSAGE

Do you ever have a sore neck, sore shoulders or a sore back? Sign up with a friend or significant other and you will both learn how to relieve those aches and pains using basic massage at home! Students are asked to bring a pillow and a thick blanket to class. **This is a two-week class...And a great Valentine's Day Gift!**

Registration: \$20 (per person)

Thursdays, 7-9 p.m. / February 7 and 14

ADULT / PEDIATRIC CPR TRAINING WITH AED (Automated External Defibrillator)

This class is designed for anyone interested in learning the steps to assist in saving a life. Learn what to do in an emergency if someone stops breathing or their heart stops beating, or assist a person if they are choking or you need to use an AED due to cardiac arrest. Upon completion, students have the **option** to purchase a 2-year certification card from the Red Cross for \$27, payable to the instructor. **Registration \$45**

Tuesday, February 26, 6-9 p.m.

ADULT ONLINE LIVE VIDEO CHAT CLASS

AN INTRODUCTION TO VOICEOVERS

Explore the voiceover industry with your instructor, a professional, working voice actor from Voices For All. Discover current trends in the industry and how they make it easy and affordable for just about anyone to get involved. Your instructor will take notes as you read a real script in this one-on-one video chat setting, and offer some coaching to improve your delivery. You'll receive a professional voiceover evaluation later. One-time, 90-minute, introductory class. Learn more at <http://www.voicesforall.com/ooo>. 18 and over. Students must have internet access and video chatting capabilities via Skype (for PC/Mac users) or iChat/FaceTime (for Mac Users).

Registration: \$49. This is an online live video chat course. Information will be sent to you upon receiving your registration. PLEASE INCLUDE YOUR EMAIL ADDRESS.

COLLEGE PREP CLASSES AT HIGHLAND HIGH SCHOOL

A.C.T. TEST PREP

Designed to help students develop the skills to improve their ACT scores and reach their testing potential. English, math, reading, writing, and science skills are reviewed and test-taking techniques are emphasized. Some who successfully complete this course increased their score by as much as 5 points! **Registration: \$179 / Thursday, 6-8 p.m. April 25, May 2, 9, 16, 23**

S.A.T. TEST PREP (ONE-DAY INTENSIVE)

Designed to help students develop the skills to reach their testing potential on the SAT. Class time is spent reviewing skills, solving problems, practicing and learning test-taking strategies. Students learn tips, tricks and problem-solving techniques that build confidence; review material in the subject areas tested; and take a real practice test published by the College Board. Lunch and class materials included. **Registration: \$99 Saturday, March 16, 8 a.m. to 2 p.m.**

**REGISTER ONLINE FOR CLASSES AT
WWW.ACTTESTPREP.INFO**

HIGHLAND COMMUNITY EDUCATION

HIGHLAND LOCAL SCHOOLS
COMMUNITY EDUCATION
4150 RIDGE ROAD
MEDINA, OHIO 44256

Nonprofit Organization
U.S. POSTAGE
PAID
Cleveland, OH
PERMIT NO. 469

ECRWSS
Postal Customer

WINTER/SPRING 2019 COURSES

**MANY EXCITING
CLASSES FOR
THE NEW YEAR!**

WWW.HIGHLANDSCHOOLS.ORG

HIGHLAND COMMUNITY EDUCATION REGISTRATION FORM

Please use this form to register multiple family members or to enroll in several course offerings. **NOTE: We do not send registration confirmations. If you do not hear from us, assume that you are enrolled in the class of your choice.** Questions? Contact Mary Fran Kudla, Director, at 330.239.1901, ext. 5503 or email mkudla@highlandschools.org. Mail completed form to: Highland Community Education, c/o Mary Fran Kudla, 4150 Ridge Road, Medina, OH 44256. Fee must accompany form. Make checks payable to: Highland Local Schools.

Participant Name: _____ Phone: _____

Address: _____ Email: _____

Course Name _____ Fee: _____

Course Name _____ Fee: _____

Course Name _____ Fee: _____

COMPLETE THIS SECTION ONLY IF PARTICIPANT IS UNDER THE AGE OF 18

School: _____ Student's Current Grade: _____ Current Teacher: _____

Parent Signature: _____ Date: _____

Parental Permission: I, the undersigned, give permission for my child to enroll in Highland Local Schools' Community Education Program. I understand that neither the course instructor, nor Highland Local Schools, will be responsible for any accidents or injuries which may be sustained by students. I grant permission for my child's activities and/or special needs.