

Highland



Fall 2019 Course Catalog

The mission of Highland Community Education is to provide lifelong learning opportunities and personal enrichment, addressing the unique interests of individuals and meeting community needs.

**Many NEW
& EXCITING
Classes!**

Highland Community Education
c/o Highland High School
4150 Ridge Road, Medina, OH 44256
330.239.1901, ext. 5503
www.highlandschools.org

Education Community

Fall 2019: Class Schedule

AFTER-SCHOOL ENRICHMENT ((GRADES K-8))



NEW AT HIGHLAND MIDDLE SCHOOL! METHODOLOGICAL MADNESS (GRADES 6-8)

Looking for something to do right after school? Join us for some seriously fun science! Electroplate a nickel with copper, and investigate the world of polymers as you make two kinds of slimy goo. Delve into the world

of robots and explore how to make one follow your commands. Learn about the scientific method and why it is so important. Discover the pH scale as you balance acid/base reactions. We'll even reveal the science behind your favorite sport. We think these topics are a home run! Class topics include, Acids and Bases, Matter of Fact, Raucous Robots, Science of Sport, Scientific Method, Wacky Weather.

Location: Highland Middle School

All Classes: 2:45-3:45 p.m.

Registration: \$115

Tuesdays, October 1, 8, 15, 22, 29, November 5

JOURNEY INTO OUTER SPACE (GRADES K-5)

Mad Science and NASA have teamed up to develop this sensational series of enrichment sessions, featuring exciting activities and the wonder of space. Children will be taken on a voyage of space discovery through hands-on activities, amazing demonstrations and take home experiments with each class. Explore the sun, moon, stars and planets; including Earth's own atmosphere and other space phenomena. Learn what it's like to travel and live in space, and work with the technology that has been developed for space exploration. Investigate the forces of flight by building your own ROCKET! Class topics include: Sun and Stars, Planets and Moons, Space Travel, Rocket Science, Living in Space.

All Classes: 3:30-4:30 p.m.

Registration: \$110

- **Granger: Wednesdays, October 2, 9, 16, 23, 30, November 6**
- **Hinckley: Tuesdays, October 1, 8, 15, 22, 29, November 5**
- **Sharon: Thursdays, October 3, 10, 17, 24, 31, November 7**

Students not picked up will be sent to Latchkey for an additional charge.

BRIXOLOGY FROM HERE TO THERE (GRADES K-5)

Hop on board for a wild ride from "here to there"! Join us for the journey through this exciting STEM series that utilizes LEGO® bricks to introduce children to engineering in a fun and engaging way! Each week combines an in-class build created by a LEGO® Certified Designer with a related take-home item that allows the exploration and learning "travel on" after the class is complete! Class topics include: Vehicles, Bridges, Aerospace, Boats.

All Classes: 3:30-4:30 p.m.

Registration: \$79

- **Granger: Wednesdays, November 20, December 4, 11, 18**
- **Hinckley: Tuesdays, November 19, 26, December 3, 10**
- **Sharon: Thursdays, November 21, December 5, 12, 19**

Students not picked up will be sent to Latchkey for an additional charge.



ENGINEERING CLUB (GRADES K-5)

Module 1: The Power of Green (Environmental Engineering)

Put on your Environmental

Engineering thinking cap as we look at new ways to protect our planet every day. First, we will go to the ocean and re-purpose what most people would call “trash,” into boats, cars, and other practical items. Then, we’ll go on land and use our resources better to help overworked bees pollinate crops and cook using the energy from the sun, instead of dirty power plants. For four weeks, students will explore and invent new ways to reduce, reuse, recycle and compost.

- **Hinckley: Wednesdays, September 18, 25, October 2, 9**
- **Sharon: Tuesdays, September 17, 24, October 1, 8**

Module 2: Maker, M.D. (Biomedical Engineering)

Let’s go on an adventure through the human body as we work together to discover new ways to improve life for all living creatures. In this module, we will conduct hands-on activities to learn how the brain controls our movements, build a mechanical leg for a human, and discuss how these inventions improve life for all living beings, animals, and organisms on this planet. We will even have an opportunity to design a prototype hand, complete with bone and muscle models to make it move. Throughout the module, students will design solutions for medical quandaries in everything from the human blood to a bird beak.

- **Hinckley: October 16, 23, 30, November 13**
- **Sharon: Tuesdays, October 15, 22, 29, November 5**

Module 3: Amazing Architects (Architectural Engineering)

Using Popsicle sticks, rubber bands, paper cups and other household materials, we will work together to build unique models of skyscrapers, suspension bridges, and zip lines. Our projects will model different structures, all the way from ancient Egyptian pyramids to modern houses. We will explore scarcity of materials by paying for building supplies with Monopoly money. Each week, students will think about how people use these structures and what goes into designing and building the world around us.

- **Hinckley: Wednesdays, November 20, December 4, 11, 18**
- **Sharon: Tuesdays, November 19, 26, December 3, 10**

All Classes: 3:30-5 p.m.

Registration: \$85 per module

HUMMINGBIRDS SOCCER (AGES 3-6)

Children ages 3 through 6 years old have fun learning the basics of soccer, including: dribbling, foot skills, passing, trapping, shooting, defense, and positioning. Each session consists of instruction in all aspects of the game, participation in fun drills that are designed to teach fundamental skills to young children, and low-key, non-competitive games. All coaching conducted by Jump Start Sports staff. This is a terrific introduction to soccer and organized sports! Register online at

www.jumpstartsports.com

Registration: \$80

Location: Granger Elementary School Field.

Tuesdays, September 3, 10, 17, 24, October 1, 8

- **Ages 3 & 4: 5:30-6:30 p.m.**
- **Ages 5 & 6: 6:30-7:30 p.m.**



YOUNG REMBRANDTS ART (GRADES K-5)

We teach drawing, the fundamental skill of all visual arts. Our innovative, step-by-step curriculum and engaging subject matter will show your child that drawing can be fun and interesting! During our once-a-week classes, we teach skills that will help them grow, develop and excel while your child creates memories that will last a lifetime. Your child will enjoy ALL NEW LESSONS each week! Our elementary-age curriculum is designed to teach basic to advanced drawing skills, art techniques and vocabulary. We give them skills to express their creativity, and believe that all children can – and should – learn to draw. We provide all materials and teach new lessons each week in a positive and nurturing environment, which brings out the best in each child. You'll see increased art abilities, learning skills, self-confidence and self-esteem.



Registration: \$113

All Classes: 3:30-4:30 p.m.

Students not picked up will be sent to Latchkey for an additional charge.

8-Week Session

- **Granger: Tuesdays, October 15, 22, 29, November 5, 12, 19, 26, December 3**
- **Hinckley: Thursdays, October 10, 17, 24, 31, November 7, 21, December 5, 12**
- **Sharon: Wednesdays, October 9, 16, 23, 30, November 6, 13, 20, December 4**

TRY US OUT! 4-WEEK SESSION:

All Classes: 3:30-4:30 p.m.

Registration: \$59

Session 1

- **Granger: Tuesdays, October 15, 22, 29, November 5**
- **Hinckley: Thursdays, October 10, 17, 24, 31**
- **Sharon: Wednesdays, October 9, 16, 23, 30**

Session 2

- **Granger: Tuesdays, November 12, 19, 26, December 3**
- **Hinckley: Thursdays, November 7, 21, December 5, 12**
- **Sharon: Wednesdays, November 6, 13, 20, December 4**

Students not picked up will be sent to Latchkey for an additional charge.

NEW! LIVE, LOVE & CREATE CRAFT CLUB (GRADES 3-5)

This new Live, Love & Create Craft Club meets only once a month after school. Students will have fun creating a useful personalized project such as a picture frame, a game, a travel map, Mother's Day and Father's Day gifts, and holiday decorations. Students can enroll in one class or receive a multi-class discount with online registration. For more information contact Erin Johnson at Erin@LiveLoveandCreate.com.

Registration Fees: \$26 for 1 class; \$72 for 3 classes; \$132 for 6 classes; \$180 for all 9 classes.

All Classes held on Mondays from 3:30-4:30 p.m.

- **Granger: Sept. 23, Oct. 21, Nov. 18, Dec. 16, Jan. 27, Feb. 24, Mar. 16, Apr. 27, May 18**
- **Hinckley: Sept. 16, Oct. 14, Nov. 11, Dec. 9, Jan. 13, Feb. 10, Mar. 9, Apr. 20, May 11**
- **Sharon: Sept. 9, Oct. 7, Nov. 4, Dec. 2, Jan. 6, Feb. 3, Mar. 2, Apr. 6, May 4**

NEW! CRAYOLA IMAGINE ARTS ACADEMY ~ ARTIST'S PASSPORT (GRADES K-5)

Imagine Arts Academy® is art with a purpose, combining art with other disciplines for a one-of-a-kind experience. Embark on an around-the-world cultural adventure -- explore far-off places and learn about the people who live there, from the Americas to Polynesia, from the cosmopolitan to the countryside. Experiment with Crayola® products, while trying art techniques developed by local artists and artisans. Make different masterpieces each day such as drums, masks, canvases, prints, buses, and more! Bring the unique creations home and build a globally-inspired art gallery. Some of the locations they will "visit" will include: Animal Sculptures (Mexico), Block Printing (Europe), Imperial Jeweled Eggs (Russia), Rattle Drum (China), Tiki Masks (Polynesia), Truck Art (Pakistan).

All Classes: 3:30-4:30 p.m.

Registration: \$109

- **Granger: Mondays, September 30, October 7, 14, 21, 28, November 4**
- **Hinckley: Mondays, September 30, October 7, 14, 21, 28, November 4**
- **Sharon: Mondays, September 30, October 7, 14, 21, 28, November 4**

Students not picked up will be sent to Latchkey for an additional charge.

SATURDAY ENRICHMENT CLASSES HELD AT HIGHLAND HIGH SCHOOL

BABYSITTING (GRADES 5-8)

Watch your Highland email for information and dates this fall

FUN-DAMENTALS OF COOKING (GRADES 3-8)

Learn cooking basics to prepare healthy foods. Students are asked to wear a hat or bandana, bring an apron and 3-ring binder. Limit 8 students. **Lab fee: \$40 payable to instructor / Registration: \$99 Saturdays, 9 a.m. to 12 p.m. / October 26, November 2, 9, 16, 23**

MMA FITNESS BOOT CAMP (GRADES K-8)

Mixed Martial Arts FunFitness Boot Camp consists of cardio, plyometric, muscular endurance & strength exercises. This camp improves: speed, concentration, coordination, confidence, discipline, grades, power and mental toughness. This camp has no belt fees, no initiation fees, and no testing fees and allows children to reach their own potential rather than compete against others. This is a dynamic and challenging approach to self-defense for children who are athletic, energetic, awkward or shy, bold, nice or maybe even a little wild once in awhile. It teaches children to think instead of panic in potentially serious situations, as well as how to react to threats from other children or acquaintances. Parents welcome to watch.

Saturdays, October 26, November 2, 9, 16, 23

- **Grades K-2: 9:30-10:15 a.m. / Registration: \$40**
- **Grades 3-5: 10:15-11:15 a.m. / Registration: \$45**
- **Grades 6 & Up: 11:15 a.m. to 12 p.m. / Registration: \$50**

CHILDREN'S DINING ETIQUETTE & MANNERS (AGES 8-15)

This new and exciting class will be *held at Santosuossos Italian Restaurant in Medina* where you will be served a delicious 3-course dinner. Enroll just in time for holiday dinners and make all of your relatives proud of the dining etiquette and manners you learn! Learn how to set a table from start to finish, including American style of dining, continental style of dining, posture, proper introductions and so much more. Minimum 10 students.

Saturday, November 9, 3-5 p.m. / Registration: \$45

**NEW OPEN HOUSE FORMAT!
BUILD A FAMILY HOLIDAY,
MEMORIAL OR FAIRY
GARDEN (AGES 3 to 100+!)**

Party'n With Plants is the expert in helping first time fairy gardeners create something

unique and personable. These also make beautiful memorial gardens!

The workshop includes a short lesson with step by step instructions for your indoor tabletop garden. All supplies are included such as over 50 succulents to choose from, vibrant colored moss, rocks and sand, and then a huge selection of miniatures. We use baby succulents, which are low maintenance plants and easy to care for! No green thumb required! *This is an open house event. Come anytime between 9:30 a.m. and 12 p.m. to create your personal garden! Registration is encouraged but feel free to register at the door.*

**Registration: \$16
Saturday, 9:30 a.m. to 12 p.m. / November 9**



**NEW! THE MONEY AGE - FINANCIAL LITERACY
FOR STUDENTS (AGES 10+)**

The Money Game®, provides an opportunity for participants to learn how to make, manage and multiply their money wisely so they can grow up financially free. Students will learn to be financially secure and manage a household. They learn to make a car payment, pay for food, pay utilities and insurance, and learn about taxes. Then, they learn about financial requirements for life events – such as a car accident – all before they have passive dollars to spend or invest. During this 2-hour program, students go through up to 12 rounds, each one representing a month.

**Registration: \$49
Saturday, 10 a.m. to 12 p.m. / November 9**



**LITTLE HOOPS STARS (AGES
4-KINDERGARTEN)**

Coaches from Jump Start Sports will run this instructional and recreational basketball program for children in preschool (must be 4 years of age to participate) and kindergarten. Players are taught the basics of dribbling, passing, shooting, positioning, defense and rebounding in a fun-oriented program. Then they apply what they've learned in a low competitive game. All participants receive a shirt and a participation medal.

**Registration: \$80
Saturday, 10-11 a.m.
November 2, 9, 16, 23, December 7, 14**

HOOPS STARS (GRADES 1-2)

Coaches from Jump Start Sports will run this instructional and recreational basketball program for children in grades 1-2. Players are taught the basics of dribbling, passing, shooting, positioning, defense and rebounding in a fun-oriented program. Then they apply what they've learned in a low competitive game. All participants receive a shirt and a participation medal.

**Registration: \$80
Saturday, 11 a.m. to 12 p.m.
November 2, 9, 16, 23, December 7, 14**

ADULT EVENING CLASSES HELD AT HIGHLAND HIGH SCHOOL

ADULT / INFANT/ CHILD CPR TRAINING WITH AED (Automated External Defibrillator)

This class is designed for anyone interested in learning the steps to assist in saving a life. You will learn what to do in an emergency if someone stops breathing or their heart stops beating. You will also learn skills to assist a person if they are choking or you need to use an AED due to cardiac arrest. Upon completion, you will receive an American Red Cross CPR two-year certification. Optional certification fee: \$27 payable to instructor. **Registration \$45 Tuesday, November 12, 6-10 p.m.**



BASIC THERAPEUTIC MASSAGE

Do you ever have a sore neck, sore shoulders or a sore back? Sign up with a friend or significant other for this two-week class and you will both learn how to relieve those aches and pains using basic massage at home! Students are asked to bring a pillow and a thick blanket to class. **Registration: \$40 (covers 2 students) Thursdays, 7-9 p.m. / October 17 and 24**



BEEKEEPING 101

Have you considered becoming a beekeeper but you just do not know where and how to get started? Maybe you think honeybees are special (and they are) and you want to learn more about the inner workings of the colony so you can do your part in helping the honeybees and other native pollinators. This class will teach you beekeeping essentials for the first year. A complete beehive will be brought in to utilize as a demonstration tool to allow the prospective beekeeper to visualize the equipment involved. The use of beekeeping tools for hive inspections will be demonstrated. A detailed explanation of what specific things to look for during the inspection will be covered. You will learn about roles of the worker bees, the queen and the drone. Find out where propolis, flower pollen, honey and royal jelly come from and the medicinal benefits we can reap from the honeybee bi-products. Also learn about diseases that afflict the honeybees and the cause of colony collapse disorder. Visit www.gaughanbeedancin.com for a complete list of events and products. Participants in the class will receive the book, "First Lessons in Beekeeping" and a syllabus. **Registration: \$85 Tuesdays, 7-9 p.m. / October 22, 29, November 5, 12, 19**

HYPNOSIS SMOKING CESSATION SEMINAR

Hypnosis is not sleep, in fact it is a heightened state of awareness. There is no surrender or control, no magic. No one can be hypnotized against their will. Anyone of average intelligence or higher can be hypnotized if they choose. Hypnosis is a valuable tool to help someone overcome fears, eliminate bad habits and reach their goals to be a happy and healthy person. Smoking cessation is easy and relaxing. You will be in a light state of trance in order to get your subconscious and conscious minds to agree on your goal to be a healthy clean air-breather. With hypnosis you will no longer desire to smoke or light up a cigarette ever again. You will not gain weight or feel nervous. The AMA has endorsed this hypnosis since 1955. All students will receive a reinforcement CD to take home **Tuesday, November 12, 7-9 p.m. Registration: \$49**

HYPNOSIS WEIGHT CONTROL SEMINAR

Hypnosis is not sleep, in fact it is a heightened state of awareness. There is no surrender or control, no magic. No one can be hypnotized against their will. Anyone of average intelligence or higher can be hypnotized if they choose. Hypnosis is a valuable tool to help someone overcome fears, eliminate bad habits and reach their goals to be a happy and healthy person. Weight Control hypnosis is easy and relaxing. You will be in a light state of trance in order to get your subconscious and conscious minds to agree on your goal to control your weight. This is not a diet but a way to eat nutritionally to achieve your goals to be slim and trim. All students will receive a reinforcement CD to take home.

Tuesday, October 29, 7-9 p.m. Registration: \$49

CYBER SECURITY SEMINAR

We regularly hear about data breaches in the news but what does that actually mean for us as consumers and private citizens? How can we protect ourselves? In this class, we will discuss cyber security, what it means and why it matters to everyone. We will also discuss steps you can take to keep your information, and yourself, safe online.

Registration: \$35

Tuesday, November 5, 6:30-8:30 p.m.

RETIREMENT PLANNING TODAY

Today, many people view retirement as a new and fulfilling chapter of their life. The two-session course blends retirement education with life planning to help you build wealth, align your money with your values and achieve your retirement lifestyle goals. The course covers the complete planning process including retirement lifestyle planning, income planning, strategies to manage investment risks, how to invest in and take money out of your company's retirement plan, risk protection, using tax laws to your advantage, how to determine the savings you will need to retire, and so much more. This course provides all materials, including a 235-page illustrated textbook. This class is also offered at hundreds of colleges in the U.S. The registration fee includes your spouse or guest at no additional charge. Class sizes are limited.



Registration: \$49

Tuesday, 6:30-9:30 p.m. / October 1 and 8

-OR-

Wednesday, 6:30-9:30 p.m. / September 25 and October 2

(Please indicate class choice of Tuesday or Wednesday on registration)

TOXIC AWARENESS - LEARN HOW TO 'GO GREEN' AFFORDABLY

Join Joy Wright, a Toxicologist Educator, to learn how to change your environment and reduce your exposure to potentially toxic chemicals found in your home. Discover what you can change to stay healthy personally, physically and environmentally!

Registration: \$20

Tuesday, October 15 OR Thursday, November 14

6:30-7:45 p.m.

(Please indicate class choice on registration)

A.C.T. TEST PREPARATION

This course is designed to help students develop the skills necessary to improve ACT scores and reach their testing potential. English, math, reading, writing and science skills are reviewed and test-taking techniques are emphasized. Some students who complete this course have increased their ACT score by as much as 5 points!

Registration: \$179

Tuesdays, 6-8 p.m.

November 5, 12, 19, 26, December 3

Please register online at: www.ACTTestPrep.info

NEW! ADULT ONLINE LIVE VIDEO CHAT CLASS AN INTRODUCTION TO VOICEOVERS

“Wow, you have a great voice!” How many times have you heard that? Or maybe you listen to your favorite audio books, commercials, or cartoon characters and think, “I could do that!” Explore the voiceover industry with your instructor, a professional, working voice actor from Voices For All. Discover current trends in the industry and how they make it easy and affordable for just about anyone to get involved. You’ll learn about different types of voiceovers and the tools you’ll need to find success. Your instructor will take notes as you read a real script in this one-on-one video chat setting, and offer some coaching to improve your delivery. You’ll receive a professional voiceover evaluation later. One-time, 90-minute, introductory class. Learn more at <http://www.voicesforall.com/ooo>. Ages 18 and over. You owe it to yourself to finally explore the possibilities of this fun and rewarding job! Requirements: Students must have internet access and video chatting capabilities using a method such as: Skype (for PC/Mac users) or iChat/FaceTime (for Mac Users).

Registration: \$49

This is an online live video chat course. Information will be sent to you upon receiving your registration. PLEASE INCLUDE YOUR EMAIL ADDRESS.



Questions about courses listed?
Please contact Mary Fran Kudla,
Community Education Director, at 330-239-1901,
ext. 5503 or via email at
mkudla@highlandschools.org.

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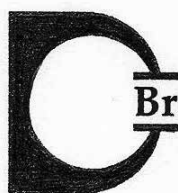
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Highland Community Education Registration Form

Use this form to register multiple family members or to enroll in several different course offerings. **Note: We do not send registration confirmations.** If you do not hear from us, assume that you are enrolled in the class of your choice. Questions? Contact Mary Fran Kudla, Director, at 330.239.1901, ext. 5503 or via at mkudla@highlandschools.org. Mail completed form to: Highland Community Education, c/o Mary Fran Kudla, 4150 Ridge Road, Medina, OH 44256. Fee must accompany form. Make checks payable to: Highland Local Schools.

Name: _____

Phone: _____

Cell Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

COURSE INFO:

Name: _____ Fee: _____

Name: _____ Fee: _____

Name: _____ Fee: _____

**Complete the section below ONLY if
participant is under the age of 18**

School: _____

Student's Current Grade: _____

Current Teacher: _____

Parental Permission: I, the undersigned, give permission for my child to enroll in Highland Local Schools' Community Education Program. I understand that neither the course instructor, nor Highland Local Schools, will be responsible for any accidents or injuries which may be sustained by students. I grant permission for my child's activities and/or special needs.

Parent Signature: _____

Date: _____



Highland Local Schools
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